

Textbook of

Pediatric Dentistry











Nikhil Marwah

Forewords
Srinivas Namineni
Virinder Goyal

4_{th}



TEXTBOOK OF PEDIATRIC DENTISTRY



TEXTBOOK OF PEDIATRIC DENTISTRY

Fourth Edition

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Foreword

Writing a scientific book is a big task. Updating and refining such a book to reflect a contemporary level is a bigger task. I compliment Dr Nikhil Marwah in successfully completing these tasks. Two particularly interesting topics which drew my attention are inclusion of Revascularization endodontics and Silver Diamine Fluoride as both are considered as game changers in pediatric dental field. Another noteworthy effort is its up-to-date referencing, which is a hallmark of this book.

I always appreciate the color-coded pages in the book, which makes it easy to scroll. The language used is very friendly and welcoming.

I have known Nikhil Marwah for over a decade and a half. He has burnt many midnight candles to bring out this passionate work. I am sure this edition of *Textbook of Pediatric Dentistry* will be very successful one like previous editions.

Looking forward to many more editions to come.



Srinivas Namineni
President
Indian Society of Pedodontics and Preventive Dentistry
Pediatric Dentist, Rainbow Hospital
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Foreword

It gives me immense pleasure to introduce you to the fourth edition of the *Textbook of Pediatric Dentistry* authored by Professor Dr Nikhil Marwah.

This book is excellently orchestrated by the editor with his operative skills and expertise in the field of pedodontics and preventive dentistry. He is a top-notch academician and an outstanding teacher.

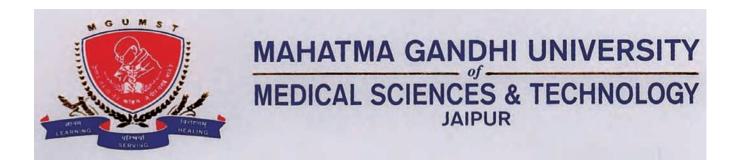
The enlightenment provided in this edition has been completely amended in accordance with the syllabus of Dental Council of India (DCI) and is well embellished covering current concepts in science and technology in dentistry. I am confident that the vivid, well-illustrated book with easy language and concise flowcharts, and figures will make an interesting and informative reading for undergraduate and postgraduate students.



The entire volume of this book deals with ultramodern and current state-of-the-art techniques. The author has specifically laid stress on the topics like Silver Diamine Fluoride, Zirconia Crowns, Nasoalveolar Molding and Revascularization. This book is a perfect dovetail and combination of current and contemporary developments which are pragmatic and practical.

The editor deserves hearty congratulations for all the efforts and hard work, he has undertaken. I am sure the book will guide students into gaining an insight into the vast field of pedodontics and preventive dentistry.

Virinder Goyal
President
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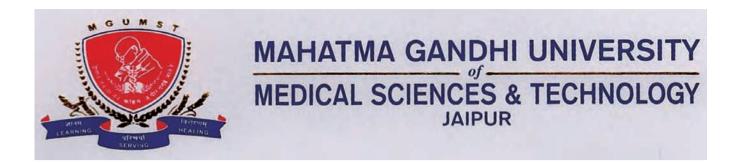
Message

The focus of pediatric dentistry has always been to add to the improving health of our younger generations who are the future of India. This has improved even more now as government has implemented many schemes focusing on oral health of children. The fourth edition of Dr Nikhil's textbook will surely help the undergraduates and postgraduates not only to study the subject but also to use the applications in clinical field. The plethora of contributors for this book is indicative of the immense research and compilation of this textbook.

I wish all the best to Dr Nikhil Marwah, Professor and Head, Department of Pediatric Dentistry, Mahatma Gandhi Dental College and Hospital, Mahatma Gandhi University of Medical Sciences and Technology, Jaipur, Rajasthan, India, for this book and also future endeavors and hope that this book can be the book of choice for many dental students across India and abroad just like his previous editions.



ML Swarankar MD Chairman Mahatma Gandhi University of Medical Sciences and Technology Jaipur, Rajasthan, India



Message

Textbook of Pediatric Dentistry by Dr Nikhil Marwah is a real treatise for those looking for a comprehensive updated information and knowledge about this extremely important area of Dental Sciences. It is multi-contributor text and all have been carefully chosen from amongst the best in the field and agreed to contribute. Previous editions have been extremely popular and has been judged the best-selling book in India in the field of pediatric dentistry.

The current edition has been further improved by incorporation of latest information on various aspects with revised and updated new concepts as per the DCI curriculum, more friendly adaptation for students with quick revision options, addition of new chapters, flowcharts and more than 300 illustrations and 600 clinical photographs enriching the text significantly for better understanding by the students. Another significant aspect of the book is its self-explanatory questions and answers on the points to remember at the end of each chapter and newer concepts with incorporation of special notes in separately marked box.



Overall, the fourth edition of *Textbook of Pediatric Dentistry* by Nikhil Marwah is comprehensive in all respects and provides much-needed knowledge and information for the students of dentistry in India and overseas.

Many congratulations to Editorial and Publishing Team lead by Nikhil Marwah, for making this text available for the benefit of students and teachers alike.

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Mahatma Gandhi Dental College and Hospital (A UNIT OF INDIA EDUCATION TRUST)

Message

The scope and horizon of dentistry is ever expanding and so are the challenges in dental education. Pediatric dental care lays the foundation for good adult oral health. Teaching of pediatric dentistry at the undergraduate level has assumed more importance in the past 3 decades in India. Since pediatric dentistry is an amalgamation of many specialties of dentistry focusing on the child patient, a textbook which incorporates all these elements in a clear and easy-to-understand layout is an asset to the students.

Dr Nikhil Marwah, Professor and Head, Department of Pediatric Dentistry in our University has successfully addressed this need with his three editions of Textbook of Pediatric Dentistry. I hope this new updated fourth edition will also be much sought after by the students community and achieve greater success.



Narendra Padiyar U Dean Faculty of Dental Sciences Mahatma Gandhi University of Medical Sciences and Technology Principal, Mahatma Gandhi Dental College and Hospital Jaipur, Rajasthan, India

Previews

Pediatric dentistry encompasses knowledge on the concepts and technical and procedural details of treating children along with the understanding of child psychology and its implication in management of child in dental setup. Dr Marwah's book has adequately given students the literature to understand as well as manage the child. Also, the unique feature about the book happens to be the pictures and flowcharts which makes this book as a savior for students during their last-minute revision. I must appreciate Dr Nikhil for concising the concepts in this manner to enable the students to retain topics and represent them well during their examinations. The book has grown from its first edition by inclusion of advances and scientific rationale with respect to important topics like pediatric endodontics, nanodentistry, rotary endodontics and currently used pharmacological behavior management techniques. I congratulate Dr Nikhil Marwah for this new endeavor and hope that the knowledge that he imparts to the students through his book helps them understand the subject well.

AR Prahakar

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I know Dr Nikhil Marwah as an ever enthusiastic and humble learner right from his postgraduate days. He always shared his knowledge and experience through many of his articles and textbooks as he advanced in the profession of pediatric dentistry.

I am happy that Dr Nikhil Marwah is coming up with this new edition updated as per the contemporary literature as well as the curriculum prescribed by the Dental Council of India. It is a student-friendly version with quick revision options such as flowcharts, box marked special notes and new concepts, as well as points to remember and self-explanatory questions at the end of each chapter. I am sure this new edition will attract the attention of the students as the existing chapters are updated and newer chapters such as Nasoalveolar Molding, Revascularization, Silver Diamine Fluoride and Zirconia Crowns were added to increase the scope along with attractive illustrations and clinical pictures.

I wish him all success in this endeavor as well as the future.

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I must compliment Dr Nikhil Marwah and all the contributors for their sincere efforts to revise the old edition. Inclusion of various new things, viz. more illustrations, flowcharts, recent studies, self-explanatory questions and points to remember at the end of each chapter, to make this edition more understandable and interesting will place this book in the category of 'best seller' and class apart. I wish this edition an unprecedented success.

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A child is a pristine form of mankind and the specialty of pediatric and preventive dentistry gives us a privilege to deal with one of the exceptionally unique creations of God. This book by Dr Nikhil Marwah is most contemporary and comprehensive text of its kind which is unique in its content, language, schematic illustrations, flowcharts, tables and clinical photographs. This edition of the textbook now includes Silver Diamine Fluoride (SDF), Zirconia Crowns, Nasoalveolar Molding and Revascularization and also complies with DCI and state university curriculum. I am sure while turning the pages, the readers would enjoy the subject/topics well and gain an in-depth knowledge to build a solid foundation in pediatric dentistry. I congratulate Dr Nikhil Marwah for his incredible efforts while wishing the very best in his all meticulous endeavors. Undoubtedly, his unstinted and arduous effort will be fruitful to the students.

Inder Kumar Pandit

Principal and Dean Professor and Head Department of Pedodontics DAV(C) Dental College and Hospital Yamunanagar, Haryana, India

This edition of the book is now presented with all new updated concepts and formats and is a comprehensive review with well-compiled chapters which are formatted in an easy-to-follow manner. It completely scribes to new prescribed syllabus of DCI and includes current topics like SDF, Nasoalveolar Molding and Revascularization. This edition is even more illustrious with more pictures and flowcharts and studies updated till 2018. Undoubtedly, this onerous effort by Dr Nikhil Marwah will definitely be enlightening for the students. I wish him all the best for his future endeavors and hope this edition also gets great success as the previous editions.

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With pediatric dentistry coming of age, lots of new developments are happening in the field. It opens several novel and exciting fields in diagnosis, treatment planning and treatment options for the pediatric dental patients. Dr Nikhil Marwah's textbook (fourth edition) addresses several recent developments in the specialty which is only the need of the hour. Thus, it is far more illustrative with better pictures and flowcharts, has quick revision options at the end of each chapter and contains updated, latest references. The book contains details of several topics which have only very recently received acceptance in the field of pediatric dentistry such as Zirconia crowns and somehow controversial subject of endodontic regeneration. It is a useful textbook for basic pediatric dentistry which comprehensively covers all current concepts.

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Dr Marwah's revised edition is a quantum shift from the previous one as it shares updated latest concepts in the practice of pediatric dentistry lucidly explained with illustrations. I am sure, this edition will be an asset to both the undergraduate as well as the postgraduate students and will be a ready reckoner for the private practitioners.

Sukhdeep Singh

Happy Teeth Dentistry for Children Noida, Gautam Budh Nagar, Uttar Pradesh, India Previews xxi

The new edition of the book has a broad array of topics covered with pithy explanations, diagrams and illustrations that would definitely help the students/readers in learning and improving their knowledge in pediatric dentistry.

Anup Panda

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This new edition of *Textbook of Pediatric Dentistry* includes all the latest researches according to the requirements of both undergraduates and postgraduates. Very informative, lucid and easy to understand with all the flowcharts and diagrams. I hope this edition will complete all the requirements of students. I congratulate Dr Nikhil Marwah for this new edition and wish him good luck.

Anuradha Pathak

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In the ever growing and evolving age of scientific techniques and technology, it is heartening to see the growth of pediatric dentistry. It is encouraging and satisfying to see that these days, parents and children both, understand the importance of specialized dentistry and demand specialized care. Such a scenario inspires the fraternity to work hard and strive to bring the best education to budding dentists. Dr Nikhil Marwah has been consistently and proactively envisaging such need for advancements in pediatric dentistry and keeps setting a new benchmark with every revision of the *Textbook of Pediatric Dentistry*. In the latest edition, he has also put a greater emphasis on the illustrations, with more and well-organized flowcharts and pictures, for an impressionable learning experience. The most interesting thing, from a student's perspective, both undergraduates and postgraduates, is the self-explanatory questions and points to remember at the end of the chapter. This edition is a thoroughly refreshing advancement to the previous edition and I am sure that it will be of greatest help to not only pediatric dentistry students but to all students of dentistry. My heartfelt congratulations to Dr Marwah, for putting in such great efforts, for making learning of pediatric dentistry easier and rewarding for students and faculties, across and beyond India.

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The fourth edition of the *Textbook of Pediatric Dentistry* by Dr Nikhil Marwah is a commendable effort for easy explanation of the subject for the present-day students with advanced quick revision options. The new chapters in the textbook will go a long way in updating the existing knowledge in the field of pediatric dentistry. The many illustrations in the book will help the students to remember the important points of each chapter and reproduce in examinations in a precise way. The highlighting of the latest concepts and the clinical photographs will guide the students to meticulously diagnose and treat the child patients in a clinical situation. I deeply appreciate and congratulate Dr Nikhil for his sincere accomplishment.

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The advancements in technology and accepted practice norms have dramatically changed our approach to patient care over the past few decades. Pediatric dentistry is also refining with each passing year. The fourth edition of the *Textbook* of *Pediatric Dentistry* by Dr Nikhil Marwah is an excellent compilation of text for comprehensive pediatric dentistry

teaching of students. The new edition has not only polished all the merits of the previous edition but has also come up with newer updates in the field in its attractive format. I congratulate all the contributors for their excellent efforts and wish them success in their endeavor.

Seema Thakur

Professor and Head Himachal Pradesh Government Dental College and Hospital Shimla, Himachal Pradesh, India

The important thing in science is not so much to obtain new facts as to discover new ways of thinking about them. This statement is very much applicable in this book by Dr Nikhil Marwah which has reached the zenith, in the respective field of science. Dr Nikhil Marwah is a young and dynamic person with leadership qualities, who believes in achieving his goal through hard work. This book is a mirror of his capabilities. As we all know, pediatric dentistry is comprehensive specialty which includes all the aspects of dentistry. Any textbook written on this subject should meticulously cover all the topics including behavioral science. This textbook in particular goes a long way in addressing all those aspects. As claimed by the author this textbook now includes the hot topics of the current scenario with colorful illustrations. Furthermore, students will be benefited by the self-explanatory questions and answers. We have witnessed the escalation of the standards of the text and illustrations through the editions which has made it a book which can be recommended both for undergraduates and postgraduates who can benefit thoroughly by enhancing their basic, clinical and current knowledge to emerge as an updated pediatric dentist. My heartfelt congratulations to the author and best wishes for all his future endeavors.

Seema Chaudhary

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The fourth edition of Textbook of Pediatric Dentistry is one of the must-have reference books for the undergraduate and postgraduate students. The textbook has comprehensively covered various aspects of pediatric dentistry. With inclusion of new chapter like Silver Diamine Fluoride, Zirconia, Presurgical Nasoalveolar Molding, Revascularization, etc. Dr Nikhil and his team has updated this edition to near perfection. All the existing chapters are scrupulously modernized with newer concepts. I congratulate the authors and contributors for making this edition more student friendly by incorporating self-explanatory questions and points to remember at the end of chapters. The authors have done a herculean task of presenting more than 300 illustrations and 600 clinical cases for student's benefit. I wish this edition will have remarkable success as seen in previous editions.

Srirang Sevekar

Professor and Head Department of Pedodontics MGM Dental College and Hospital Navi Mumbai, Maharashtra, India

Nikhil Marwah's Textbook of Pediatric Dentistry has made a significant contribution to the subject. It has been a useful and valuable resource for both the students and teachers. Reader-friendliness, attractive illustrations and succinctness are the main features of the textbook. This book has been a choice of undergraduate students in India; however, I have no hesitation in recommending it to the postgraduates. Additionally, I also advocate it for general dental practitioners who wish to upgrade their knowledge of pediatric dentistry. I have been grateful to Dr Marwah for asking me to contribute to all of its editions. On a personal note, it has given me recognition for my work as well as satisfaction.

Ashwin M Jawdekar

MDS (Pediatric Dentistry) MSc DDPH (Dental Public Health, London) PGD (Hospital Administration) PG Cert (Dental Practice Management) UK Fellow (MFS Orthodontics UDV Andorra) Global Ambassador, Global Child Dental Fund (UK) Professor and Head, Department of Pediatric and Preventive Dentistry Dr GD Pol Foundation's YMT Dental College and Hospital, Navi Mumbai, Maharashtra, India Previews xxiii

Pediatric dentistry has evolved over the years to become a branch of dentistry, which not just treats dental problems in children but also shapes a child into an individual responsible towards his future oral health. In order to facilitate this process, extensive knowledge is required for the practice of pediatric dentistry. Although there are tomes of pages on the subject, the information often does not translate into real-life scenarios. By Dr Nikhil Marwah's book addresses the need for a comprehensive textbook on the subject of pediatric dentistry. This book provides a valuable window into the world of pediatric dentistry in simplistic language with self-explanatory illustrations and clinical photographs. The effort and research put in by the authors makes it a useful and efficient reference for students.

Gyanendra Kumar

Secretary SAAPD
Professor
Department of Pedodontics
Maulana Azad Institute of Dental Sciences
Delhi, India

This new edition by Dr Nikhil Marwah is an excellent resource for undergraduate students and now with the addition of new topics can be good source of introduction to various topics for both postgraduates and practitioners of both pediatric and general dentistry.

Mandeep Singh

Principal, Professor and Head Department of Pedodontics PDM Dental College Bahadurgarh, Haryana, India

I have gone through the *Textbook of Pediatric Dentistry* edited by Dr Nikhil Marwah. This book illustrates almost all aspects of pediatric dentistry in a comprehensive manner and with scientific background. Pictures radiographs and flowcharts make the chapters better understandable with concrete concepts. Updating this textbook with new chapters, concepts and techniques in its upcoming edition will certainly be more useful both for students and faculties.

Brahmananda Dutta

Professor and Head Department of Pedodontics Kalinga Institute of Dental Sciences Bhubaneswar, Odisha, India

Pedodontics is a vast field which deals with the overall dental health of children. The fourth edition of the *Textbook of Pediatric Dentistry* by Dr Nikhil Marwah includes the topics which are in accordance with the syllabus prescribed by Dental Council of India. The author has made commendable efforts to include the latest topics like SDF, Nasoalveolar Molding, Revascularization and Zirconia Crowns. I also admire the attempt to include numerous flowcharts, illustrations and self-assessment questions which will be easy for undergraduate students to understand and grasp. I strongly recommend this book to all students which will help them understand pediatric dentistry with more scientific and practical approach. My heartiest congratulations to Dr Nikhil Marwah on his tremendous efforts and wishing him the very best in his future endeavors.

Ruchi Arora

Professor and Head Department of Pedodontics Darshan Dental College and Hospital Udaipur, Rajasthan, India

Textbook of Pediatric Dentistry

This revised edition of the *Textbook of Pediatric Dentistry* will prove useful to both undergraduate and postgraduate students in pedodontics. Newer materials and handling tips have been included and updated as a user-friendly version.

Sham S Bhat

Vice-Principal
Professor and Head
Department of Pedodontics
Yenepoya Dental College
Mangaluru, Karnataka, India

The fourth edition of the *Textbook of Pediatric Dentistry* is student friendly with more illustrations and clinical photographs than the previous versions. It has been revised, updated with new chapters on Zirconia Crowns, Silver Diamine Fluoride and Revascularization. The self-explanatory questions, points to remember and quick revision options add color to the book. Information from research articles updated till 2018 could be a boon to postgraduate students. In short, this book is comprehensive and smart.

Sharath Asokan

MDS PhD
Professor and Head
Department of Pediatric Dentistry
KSR Institute of Dental Science and Research
Tiruchengode, Tamil Nadu, India

Pediatric dentistry is fast evolving as a specialty for the pediatric population with tender love and care. The rapid progress has left behind the concepts and techniques of yesteryears, increasing the demand for upgradation of the existing editions. The latest edition of the *Textbook of Pediatric Dentistry* by Dr Nikhil Marwah is a step forward in this direction. I have seen the progressive growth in his book right through its first edition and I am sure addition of new chapters on newer topics with explicit clinical expertise would impart inimitable knowledge to the readers. I am confident that students will definitely be benefitted as the contents are easy to understand and grasp with illustrations and clinical pictures in a new attractive student-friendly format as per the new DCI curriculum. Undoubtedly, this arduous effort of the editor would augment the existing popularity of the book. My best wishes are with him.

Binita Srivastava

Professor and Head Department of Pedodontics Santosh Dental College Ghaziabad, Uttar Pradesh, India

The *Textbook of Pediatric Dentistry* by my friend Dr Nikhil Marwah has always given a buoyant experience to me. It is a great compilation which includes most of the important topics and concepts pertaining to undergraduate and postgraduate students. His efforts to add the latest materials and techniques has made the fourth edition more beneficial for the students as well as practitioners.

Anshula Deshpande

Professor Department of Pedodontics KM Shah Dental College Vadodara, Gujarat, India

Dr Nikhil Marwah's book would be a good updated reference tool for budding pediatric dentists as it evidences updated guidelines and practical approach to pediatric dentistry clinical practice.

Shalini Garg

Professor and Head Sudha Rustagi College of Dental Sciences and Research Faridabad, Haryana, India

Preface to the Fourth Edition

The most difficult task in this world is to improve upon goodness; however, luckily, in case of scientific literature we can always improve and provide new advancements. The revision of this book has taken almost a year and the reason was that although we wanted to add new literature but did not want the volume to go beyond a certain dimension that it defies readability. We have taken careful measures to that purview so that the readers can enjoy with the same enthusiasm.

Every new edition of a textbook has some things that are different from previous one yet maintaining the essence similarity. We have updated most figures and added more clinical pictures along with best possible updated concepts to give the reader a lucid view of the subject. Most of the clinical pictures are also updated and new design of presentation has been prepared for the reader. The research studies have been updated till 2018 to give the students a more comprehensive options. In addition to the matters in the existing chapters, we have also added new chapters like Silver Diamine Fluoride, Zirconia Crowns, General Anesthesia in Pediatric Dentistry, Nasoalveolar Molding, Concept of Regeneration and Revascularization to add to the new impactful trends of pediatric dentistry to help the students and clinicians.

The new compilation is a effort to help all undergraduates, postgraduates and clinicians to understand the subject in an elaborate manner and to spread the knowledge of pediatric dentistry throughout the world. I hope we will continue to enjoy the same patronage and blessings from all faculty members and students across the globe and an even larger response to the fourth edition of *Textbook of Pediatric Dentistry*.

Nikhil Marwah

Preface to the First Edition

The curiosity I developed about the subject came out of my interest in search of precise text for pediatric dentistry. During the days of my graduation, I often found that it was difficult to understand and comprehend this text as no book with adequate information was available and I had to go through many books to satisfy my queries as the information in one book was either too less or too much. It was this time that a budding idea of writing this book struck my mind. But, I had to wait for many years to accomplish this, so as to have a complete knowledge and understanding of this vast subject. Many a times during writing this book, my patience would snap and thoughts that I will not be able to complete this task would often cross my mind. But, the quest for knowledge and the desire to share it with others propelled me to complete one of the exclusive books for undergraduates in the subject of pedodontics.

There is a well-known concept that it is always difficult to hit a moving target than a stationary one, this analogy seems appropriate for pedodontists who are dealing with growing children. Such practice involves comprehensive treatment of the child emanating from birth to adulthood and encompasses a wide-range of treatment modalities, ranging from preventive treatment replacement therapy.

This book comprises of 31 chapters that have been uniformly divided into various sections. The first section explains the basics as applied to pedodontics such as the concepts of growth and nutrition. The second section helps in understanding and management of child in a dental clinic. The third section comprises of clinical pediatric dentistry that includes preventive and restorative protocol. The fourth section includes the conglomeration of orthodontics and pedodontics whereas the fifth section explains the effects of external or internal environment on oral tissues. The treatment and management of physically, mentally or medically compromised patients is covered in the sixth section. The last section includes some small but very informative topics like lasers, forensic pedodontics.

"I hear, I forget, I see, I learn." The human mind is brilliantly capable of remembering things that it visualizes and keeping this in mind we have tried to illustrate concepts with some of the best dental photographs that range from those commonly seen in clinical practice to may exceedingly rare conditions.

Textbook of Pediatric Dentistry especially takes note of the recently added concepts and maximum care has been taken to update this information for the readers. Some of the newly and exclusively added chapters include Lasers, Early Childhood Caries, Diet and Nutrition, Stainless Steel Crowns, Temporomandibular Joint (TMJ) Disorders, Pit and Fissure Sealant, Atraumatic Restorative Treatment (ART), Vaccination Schedule and Recently Prescribed American Academy of Pediatric Dentistry (AAPD) Guidelines.

The purpose of the book is many fold but in general it provides an organizational structure from which every student can learn about the concepts and complexity of this truly vast but astonishing subject.

Nikhil Marwah

Special Thanks



To my parents and family for their blessing

To my guardian angels Kanupriya, Aayushman and Ayaan who form the essence of my existence



Acknowledgments

I most humbly would like to acknowledge the help rendered to me by all my teachers, seniors, colleagues and friends in compilation of the fourth edition of *Textbook of Pediatric Dentistry*.

First and foremost, I would like to thank the Almighty God and my family, who have been my constant source of support, encouragement and motivation during all the phases of completion of the textbook.

I would like to express my sincere thanks and gratitude to all the contributors of this book for sharing their immense knowledge with me at various stages and helping me compile the book.

I thank Dr ML Swarankar (Chairman, India Education Trust), Dr MC Misra (Vice-Chancellor, Mahatma Gandhi University of Medical Sciences and Technology, Jaipur, Rajasthan, India), Dr Sudhir Sachdeva (Pro-Vice-Chancellor, Mahatma Gandhi University of Medical Sciences and Technology, Jaipur), Dr RR Soni (Managing Trustee, India Education Trust), and Dr Narendra Padiyar (Principal, Mahatma Gandhi Dental College and Hospital, Jaipur), for providing me with a congenial environment and adequate academic support to revise the textbook.

The compilation and revision of this textbook would not have been complete without the efforts of who spent enormous time trying to add the best possible literature into the textbook. I appreciate their advice from the conceptualization of the revised edition to the contributions in the textbook at various stages. My academic team for this revised edition is Satish V, Dr Ravi GR, and my team of postgraduates—Neha, Pooja, Vijay, Swati and Yogita.

I would like to whole heartedly thank my teachers and senior faculty members, who have taken time from their busy schedule not only to contribute academically to the book but also preview the book in such a short span of time.

My sincere thanks to Shri Jitendar P Vij (Group Chairman), Mr Ankit Vij (Managing Director), Ms Ritu Sharma (Director-Content Strategy), Ms Pooja Bhandari (Production Head), Ms Sunita Katla (Executive Assistant to Group Chairman and Publishing Manager), Ms Samina Khan (Executive Assistant to Director-Content Strategy), Dr Nidhi Sinha (Development Editor), Ms Seema Dogra (Cover Visualizer), Mr Deepak Saxena and Mr Deep Kumar (Typesetters), Mr Binay Kumar (Proofreader), Mr Manoj Pahuja (Graphic Designer) and staff of M/s Jaypee Brothers Medical Publishers (P) Ltd, New Delhi, India, for bearing my constant queries and allowing me literary independence in the completion of this project.

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SECTION

Introduction to Pediatric Dentistry

SECTION OUTLINE

- 1. Introduction
- 2. First Dental Visit
- 3. Dental Home: A Primary Care Oral Health Concept
- 4. Pedodontic Clinic
- 5. Practice Management

This area introduces the reader regarding importance of pediatric dentistry, its society, goals and aims and objectives of pediatric dentistry. It is important to us to know the management of child when he/she comes to the dental clinic for the first time. It also briefs us regarding dental home and its importance. This section also helps to know how to set up a pedodontic clinic to keep the child in a comfortable position until the treatment is completed as well as role of the auxiliaries who help in management of the same.

CHAPTER

Introduction

Nikhil Marwah

CHAPTER OUTLINE

- Importance of Primary Teeth
- Aims and Objectives of Pedodontics
- Pedodontic Triangle

- Indian Society of Pedodontics and Preventive Dentistry
- Scope of Pediatric Dentistry

Pedodontics is the art and science and that branch of dental science, which deals with comprehensive, interceptive oral health in children from childhood to adolescent age particularly and complete health in general. In other words, it is branch of dentistry that includes training of child to accept dentistry, restoring and maintaining primary mixed permanent dentition and applying preventive methods for dental care. The value of pedodontist always depends upon how carefully the child has been managed at a young age and so pedodontist should have a better understanding of the subject.

The word Pedodontics is made of two words, i.e. pedo + dontics. Pedo is derived from Greek word "pais" meaning child and "dontics" is the study of teeth.

Pedodontics has come a long way from its early days of extraction oriented beginning to the current comprehensive era with the emphasis on diagnosis and treatment planning. There was a time when dental clinics were biased against this specialty and considered it a waste of time and very often clinics displayed "No treatment for children under the age of 14 at this clinic." Most of the dentists also gave a negative knowledge influence to the parents and the most common excuse that was offered was, "These are milk teeth and fall on their own so treating them would be a waste of time and money."

As the years passed by, times changed and so did the schedule for the initial appointment for the child. The

dentistry had now progressed significantly and it was thought that 3 years would be a good time for the child to visit the dentist. Recent knowledge in pediatric dentistry has enabled us to realize that age of 3 years is too old to initiate any type of preventive strategy as the disease will have already taken its toll on the teeth and it no longer remains preventive but becomes interceptive pedodontics. Therefore, it was realized that the first visit should be initiated as soon as the first tooth erupts in oral cavity and the preventive educative aspect should start much earlier, by parental counseling.

DEFINITIONS

Stewart 1982 defined *Pediatric Dentistry as the practice and teaching of comprehensive, preventive and therapeutic oral health care of child from birth to adolescence.* It is construed to include care for special patients who demonstrate physical, mental or emotional problems.

Pinkham: Pediatric dentistry is synonymous with dentistry for children. Pediatric dentistry exists because children have dental and orofacial problems. The genesis of dentistry for children unquestionably is allied to dental decay, pulpitis, and the inflammation and pain associated with infected pulpal tissue and suppuration in alveolar bone.

American Academy of Pediatric Dentistry (1999) defined "Pediatric dentistry as an age defined specialty that provides both primary and comprehensive preventive and therapeutic oral health care for infants and children through adolescence, including those with special health care needs."

IMPORTANCE OF PRIMARY TEETH

It is very important that primary teeth are kept in place until they are lost naturally. These teeth serve a number of critical functions. Primary teeth:

- Maintain good nutrition by permitting your child to chew properly
- Involved in speech development
- Helps in the eruption of permanent teeth by saving space for them
- A healthy smile can help children feel good about the way they look to others.

AIMS AND OBJECTIVES OF PEDODONTICS

- Health of a child as a whole: The pedodontist is a part of the health team concerned with the individuals, that is, total physical, mental and emotional well-being of patient. We must be certain that our effort to improve dental health is always in accordance with the general health of patient
- More specifically we are concerned with oral health: The other aim should be preventing disease. The earliest attempt at prevention is at expectant mother. She should be advised on dental health of her future child. After the child is born, we advise the mother to continue appointments. First dental appointment for a child is usually at 6 months
- Early diagnosis and prompt treatment: Introduce and implement the principles of preventive dentistry from birth so that early diagnosis is initiated. Occlusal guidance and early treatment of developing malocclusion should be done to avoid complications
- * Restoring the mouth to good health: During restorative treatment first and foremost necessity is to convince the patient and parent that treatment is worthwhile. Only work of highest technical standards will succeed in primary teeth. However, this must be at the same time being enjoyable and at worst acceptable to patient. If dental treatment is unpleasant then the child will develop resistance and reluctance for further treatment. In order to overcome those problems, early diagnosis leading to proper treatment is required. Regular attendance, sound diagnosis, adequate local analgesia, modern-cutting equipment are important, but these only arrest the essential empathy that the dentist must have toward child

- To observe and control the necessary developing dentition of child patient: A general dentist who sees the child every time is in an excellent position to study his oral development and to intervene himself or refer to a specialist for the necessary treatment
- Relief of pain: As and when necessary bearing in mind patient's total well-being
- Increase the knowledge: Following this, we will produce a service for the child as an individual population which is dentally educated which also leads to elevation of the profession
- Instill a positive attitude and behavior: This not only will help in accomplishing the treatment in a desired manner but also make the child a good dental patient even in adulthood
- Restore the lost tooth structure: To maintain tissue harmony between the hard and soft tissue
- Management of special patients: Managing physically and mentally disabled and medically compromised children in an efficient and orderly manner so as to avoid discomfort to the patient and at the same time avoiding any bias toward the special condition of the children.

PEDODONTIC TRIANGLE



Pedodontic triangle was first explained and conceptualized by **Wright** in 1975 and was later modified by **McDonald** et al. in 2004.



The differences between child and adults with respect to treatment have long been emphasized by **Hippocrates** in the 5th century BC and by **Celsius** in 4th century AD.

- An adult requires a service to be carried out in his mouth and if he is not satisfied he will seek satisfaction elsewhere, whereas the child attends the dental service because he is forced to do so and will have to return even if he does not like the treatment
- We may expect the adult to put up with unavoidable discomfort; therefore he has the freedom to choose his treatment and can also appreciate the outcome, whereas the child sees no good reason for dentist's attention
- Child is in dynamic state of growth and development, whereas the adult is in static state
- Consideration of behavior as an integral part of child oral health care and needs
- Attention to preventive care rather than rehabilitation.

Conventional Model

Patient-doctor relation in adults is linear, but in pedodontics, the relation is triangular. This is because in pedodontics, the parent and the child both are involved and child is at the apex of triangle as he is the focus of attention. This was first elaborated best in the pediatric dentistry treatment triangle given by **Wright** in 1975.¹ Moreover, in Figure 1.1 the arrows indicated that the communication is not only limited to the benefit of the child but is reciprocal in nature.

Modified Model

As community has become a major part of all components of environment; therefore, recently, a new parameter has also been added, that is, society (Fig. 1.2). This depiction looked complete with the fact that the communication is reciprocal and society came into the center of the triangle indicating that management methods acceptable to society

Child patient

Family

Dentist

Fig. 1.1: Pedodontic triangle.

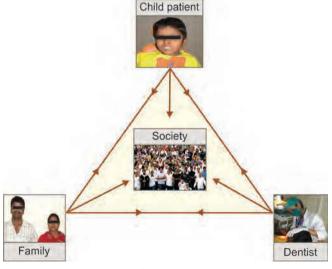


Fig. 1.2: Modified pedodontic triangle.

and the litigiousness of society are important factors influencing treatment modalities.²

An authoritative or over indulgent parent always tries to interfere in the conversation between the dentist and the child by answering on behalf of the child. As a consequence, there is more interaction between the parent and the dentist hence the equilateral triangle is replaced by isosceles triangle (Fig. 1.3). On the contrary, if the parent is negligent, then the conversation between the parent and the dentist may not be reciprocal effectively; hence, right-angled triangle replaces the normal equilateral triangle (Fig. 1.4).

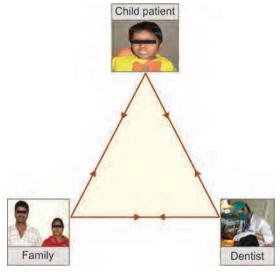


Fig. 1.3: Isosceles triangle—authoritative parent.

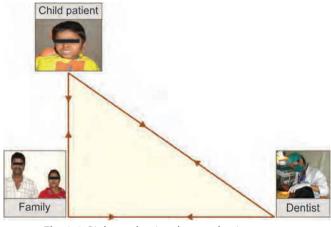


Fig. 1.4: Right angle triangle—neglecting parent.

Pediatric Dentistry Treatment Model

Pediatric dentistry is an amalgamation of all the branches of dentistry and most of its components have been either derived from or associated with other dentistry branches, but the four principles that stand out in this specialty are prevention, risk assessment and management, child

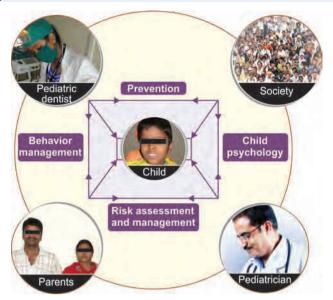


Fig. 1.5: Pediatric dentistry treatment model given by Padmanabhan et al.

psychology and behavior management. **Padmanabhan et al.** have proposed a new model based on the pedodontic triangle and have termed it pediatric dentistry treatment model.³ It presents the former triangle as a square which has the pediatric dentist, pediatrician, family and society playing important roles and definitely the child patient is the center of attention (Fig. 1.5).

INDIAN SOCIETY OF PEDODONTICS AND PREVENTIVE DENTISTRY

Indian Society of Pedodontics and Preventive Dentistry (ISPPD) is the national society specifically concerned with the oral health of children in India. It aims to improve oral health in children and encourage the highest standards of clinical care. The ISPPD has over 1000 life members from university and hospital pediatric dental departments, pediatric dental practice and general dental practice. The emblem (Fig. 1.6) is based on the famous triad of Keves (1960). One circle represents the tooth, the other the bacteria and the third diet. The shaded area of intersection of the circles represents dental caries. The stress given is that for caries to develop all the three factors are essential; caries cannot occur if one factor is missing. Incidentally, this area of intersection of circles takes the form of triangles. The triangle denotes two aspects (1) it represents delta, which is the sign of dentistry, (2) it depicts the pedodontic triangle as given by Wright.1

The three corners of triangles are indicative of (1) child, (2) mother (parent) and (3) dentist. This triangle represents



Fig. 1.6: Logo of ISPPD. (ISPPD, Indian Society of Pedodontics and Preventive Dentistry)

1:2 transactions for the management of children. The top circle of keys in the emblem carries symbols of the emblem of the Indian Dental Association (IDA)—Staff of Aesculpius with wings of serpents encircling around it. The Staff of Aesculapius stands of captor of authority and represents the professional authority of association. The serpents show the power of healing since serpents ages back have been used for healing. Hippocrates adopted this symbol and we have adopted it with two serpents entwined around the staff in opposite directions. The wings on the staff represent the spread of knowledge. The wings have six small and three large divisions as in the IDA emblem.

Attitudes of Pedodontist

- Develop an attitude to adopt ethical principles in all aspects of pedodontic practice
- Professional honesty and integrity are to be fostered
- Treatment care is to be delivered irrespective of the social status, cast, creed and religion of the patients
- Willingness to share the knowledge and clinical experience with professional colleagues
- Willingness to adopt, after a critical assessment, new methods and techniques of pedodontics management developed from time to time, based on scientific researches, which are in the best interest of the child patient
- Respect child patient's rights and privileges, including child patient's right to information and right to seek a second opinion
- Develop an attitude to seek opinion from allied medical and dental specialties, as and when required.

Aims and Objectives of ISPPD

- The society is formed on the firm belief that "Every child in India has a fundamental right to total dental health." Every member of the dental profession in general and pedodontists in particular have an obligation to uphold this right
- The society shall have the solemn responsibility toward the maintenance of positive dental health of the children through prevention, involvement of the community and through other necessary measures to achieve this objective
- The society shall make an endeavor to provide suitable medium for honoring the commitment it has so sacredly undertaken
- The society shall be responsible for improvement of education, research and delivery of dental health care in the field pedodontics and preventive dentistry and shall extend cooperation or collaborate with any person, persons or organizations; national or international with similar ideas, ideals and objectives.

To realize and attain above-mentioned goals the society may:

- conduct dental health education programs in schools and in community for the promotion of better oral hygiene, better dental health awareness and prevention of dental diseases
- Establish liaison with dental surgeons in general practice to carry the message of the society to term and also to keep them in contact with the new, relevant and advanced knowledge in the field through continuing education programs
- To provide forum for the dental teachers to communicate and exchange knowledge on the current and recent advances in pedodontics and preventive dentistry
- Hold periodical meetings and conferences of the members of society
- Organize courses on new techniques in the field of pedodontics and preventive dentistry for pedodontists and other members of dental profession who would be interested to join such courses
- To promote the publications of scientific literature including a journal of the society, which would be dynamic in character and shall have the possibility to adapt itself to the needs of the society from time to time. The publications shall not only be scientific in nature but shall also undertake publicity and propaganda as per the needs of the society and the community
- Establish rapport with Dental Council of India, union and state governments and other national and international apex bodies to advise on the various aspects of pedodontics and preventive dentistry including legislative and administrative areas

- Accept endowments and grants from individuals or societies, official or nonofficial, governmental or nongovernmental, national or international
- Make efforts to improve the basic curriculum of pedodontics and preventive dentistry both at the undergraduate and postgraduate levels
- Establish liaison with associations and societies of other allied sciences like pediatrics, psychiatry, psychology and basic sciences like biochemistry, microbiology and pathology
- Encourage research in the specialty of pedodontics and preventive dentistry and other related sciences by the establishment of scholarships, prizes and rewards, by publishing from time to time monographs embodying the results of the research conducted by members independently or under the auspicious of the society
- Consider and express its views on all matters pertaining to public dental health, dental profession and dental education and take such steps from time to time as shall be deemed necessary
- To collect, manage and disburse funds for all or any of the objects of the society
- Do all such things and matters as are conducive to the attainment of the above objectives or any one of them which are subsidiary to the said objectives.

The Indian Society of Pedodontics and Preventive Dentistry has been formed on the firm belief that "Every child has a fundamental right to his total oral health."

SCOPE OF PEDIATRIC DENTISTRY

Pedodontics encompasses a variety of disciplines, techniques, procedures and skills that logically share a common basis with other specialties but are modified, transformed or adapted to the special needs of children and adolescence and those with special health care needs.

Pedodontic dentistry concentrates on the integration of appropriate didactic and clinical knowledge from various specialties into a framework of quality oral health care for children. It deals with parents in their formative years, exhibiting rapid growth and development. Therefore, a pedodontist is in an excellent position to alter the growth pattern and resistance of oral tissues to diseases.

Pediatric dentists have extended services to fulfill the needs of the special child including the physically, mentally and medically handicapped. They also have the good fortune of being important team member in the children's hospital and in the management of cleft lip and palate patients and other such ailments.

Therefore, the scope of pediatric dentistry virtually includes the essence of all branches of dentistry like diagnosis, oral surgery, rehabilitation, endodontics, orthodontics, preventive dentistry and also includes the new era venues like lasers and nanodentistry.

WORLDWIDE HISTORY OF PEDODONTICS

1800 BC—Ancient Egypt: No caries in children's teeth

1563-64—Eustachius: Described and showed illustrations of both primary and permanent dentition

1737—Gerauldy: Writes about theories regarding tooth eruption and exfoliation

1763—Joseph Hurlock: Publishes book on children's dentistry

1764—Robert Bunon: "Father of Pedodontics" reiterates the importance of deciduous dentition

1865—First child dental clinic opened at Strasburg, Germany

1877—**Ottofy:** Became the first person in the history of dentistry to make a thorough dental examination of school children

1924—Book: First textbook of pedodontics was written

1926—**Detroit Pedodontics Study Club:** Dr Samuel D Harris Father of Children's Dentistry organizations worldwide, starts the Detroit Pedodontics Study Club

1927—AAPDC: Detroit Study Club is now named the American Academy for Promotion of Dentistry for Children

1935—Pedodontic course: 6 undergraduates and 8 postgraduate courses in pedodontics were started

1940—ASDC: American Academy for Promotion of Dentistry for Children renamed as the American Society of Dentistry for Children

1947—AAP: American Academy of Pedodontics was founded

1967—CDH: First International symposium on child dental health conducted by British Pedodontic Society at the London Hospital Medical College

1969—IADC: International Association of Dentistry for Children was established and conducted its first Congress in Sienna, Italy

1969—Journal: Concept of an IADC Newsletter and Journal of the International Association of Dentistry for Children

1970—Journal of the IADC: The first issue was published in September with Theodore C Levitas as editor and the first article published was "Correlation between clinical and histological indications for pulpotomy of deciduous teeth" by Goran Koch and Hilding Nyborg (Sweden)

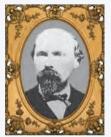
1984—AAPD: American Academy of Pedodontics was renamed as the American Academy of Pediatric Dentistry

1993—IAPD: First Congress of International Association of Pediatric Dentistry, Chicago, USA



First book on children dentistry





Samuel D Harris

EVOLUTION OF PEDODONTICS IN INDIA

1920—Calcutta Dental College and Hospital: 1st Dental College started by Dr Rafiuddin Ahmed

1920—LDSC: Introduced as a 1-year course "Licentiate in Dental Science"

1926—Changed into 2-year course

1935—BDS: Licentiate in Dental Science becomes Bachelor in Dental Surgery—4-year course

1950—Pedodontics is introduced: Government Dental College, Amritsar starts pedodontics as a specialty not as an independent specialty (one or two questions in operative dentistry) later—section "B" in orthodontics

1978—**Pedodontics for undergraduates:** Pedodontics was introduced as a specialty in the undergraduate curriculum

1979—Indian Society of Pedodontics and Preventive Dentistry: The Association of Indian Pedodontists holds the 1st conference. Dr BR Vacher is made the "Father of Pedodontics in India"

1982—**Affiliated to IADC:** Indian Society of Pedodontics and Preventive Dentistry becomes an affiliate member of IADC (International Academy for Dentistry for Children)



Dr BR Vacher



Dr R Ahmed

HISTORY OF DENTISTRY

+100,000 BC: Homo Mousteriensis shows that prehistoric man had to contend with impacted teeth, the retention of deciduous teeth, caries, fractures and rickets

3000–525 BC: Confirmation of Herodotus' statements as to the specialization in medicine in Ancient Egypt that there were individuals who treated only the eye, or teeth, the earliest known dentist being Hesi-Re, Great One (Chief) of the to others and the physicians

130–201 AD: Galen, the Prince of Physicians, born in Pergamos was the earliest to mention the nerves of teeth in removing the carious defect, and recommended the file

1498 AD: Invention of the modern toothbrush by the Chinese, June 24

1542 AD: Ambroise Paré, famous military surgeon, revived the old method of compression of nerve trunks to produce local anesthesia

1685: First dental textbook written in English was "Operator for the Teeth" by Charles Allen

1723: Pierre Fauchard, a French surgeon publisher. "The Surgeon Dentist," a treatise on teeth

1790: Josiah Flagg, a prominent American dentist, constructed the first dental chair made specially for dental patients

1828: Dr John M Harris started the world's first dental school in Bainbridge, Ohio

1833: The Crawcour brothers introduced amalgam in the United States and advertised it as a substitute for gold restorations

1839: The American Journal of Dental Science, world's first dental journal, began its publications

1844: Horace Wells, a connection dentist, discovered that nitrous oxide can be used as an anesthesia and successfully used it to conduct several extractions in his clinic. In 1845, the public demonstration of the same failed

1864: Sanford C Barnum developed the rubber dam which solved the problem of isolating a tooth

1871: George F Green received the patent for the first electric dental engine, a self-contained motor and handpiece

1895: Wilhelm Conrad Roentgen a German physicist discovered the X-ray

1899: Edward Hartley Angle classified the various forms of malocclusion

1900: FDI is formed

1913: Alfred C Fones opened the Fones clinic for dental hygienists in Bridgeport, Connecticut, the world's first oral hygiene school. Dr Fones uses the term dental hygienist to become known as the Father of Dental Hygiene

1920: Dr Ahmed founded the first dental college of India which was financed by starting the New York Soda Fountain in Calcutta

1931: Fluoride is identified by HV Churchill in New Kensington, Pennsylvania, Smith MC, Lantz EM, Smith HV in Arizona and Velu H and Balczet L in France

1933: The nylon toothbrush made with synthetic bristles was introduced by DuPont

1948: Dentist Act was passed by the Indian Parliament in close association with All India Dental Association on the 29th of March. This Act was introduced to regulate the profession of dentistry in India. The Act was amended on July 1, 1955 to make the law applicable to the state of Jammu and Kashmir

1957: John Borden introduced a high-speed air driven contra-angle handpiece. The airotor obtains speed up to 300,000 rotations per minute

1959: The first electric toothbrush, the Broxodent was introduced by Bristol-Myers company at the centennial of ADA

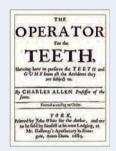
1960s: Lasers were developed and approved for soft tissue procedures



Hesi-Re



Ambroise Paré





Pierre Fauchard



Wilhelm Roentgen



Alfred C Fones

Points to Remember

- □ Robert Bunon is Father of Pedodontics.
- □ BR Vacher is Father of Pedodontics in India.
- ☐ Samuel D Harris is Father of Children's Dentistry organizations.
- ☐ Joseph Hurlock published first book on children's dentistry.
- ☐ Indian Society of Pedodontics and Preventive Dentistry is formed in 1979.
- American Academy of Pediatric Dentistry (1999) defined "Pediatric dentistry as an age-defined specialty that provides both primary and comprehensive preventive and therapeutic oral health care for infants and children through adolescence, including those with special health care needs"
- ☐ Patient—doctor relation in pedodontics: The relation is triangular with the parent and the children; both are involved and child is at the apex of triangle as he is the focus of attention. This was first elaborated best in the pediatric dentistry treatment triangle given by Wright in 1975.

Questionnaire

- 1. Define pediatric dentistry.
- 2. Give a brief history of pediatric dentistry.
- 3. What are the aims and objectives of pedodontics?
- 4. Importance of primary teeth in oral cavity.
- 5. Explain the concept of pedodontic triangle.

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