THE #I INTERNATIONAL BESTSELLER

Sophie's

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a novel about THE HISTORY OF PHILOSOPHY

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THE HISTORY OF PHILOSOPHY

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Sophie's World

Jostien Gaarder

More praise for the international bestseller that has become "Europe's oddball literary sensation f the decade" (New York Newsday)

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Sophie's World

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J.G.

He who cannot draw on three thousand years

Is living from hand to mouth

GOETHE

THE GARDEN OF EDEN

... at some point something must have come from nothing ... Sophie Amundsen was on her wayhome from school. She had walked the first part of the way with Joanna. They had beendiscussing robots. Joanna thought the human brain was like an advanced computer. Sophie wasnot certain she agreed. Surely a person was more than a piece of hardware?

When they got to the supermarket they went their separate ways. Sophie lived on the outskirts of a sprawling suburb and had almost twice as far to school as Joanna. There were no other housesbeyond her garden, which made it seem as if her house lay at the end of the world. This waswhere the woods began.

She turned the corner into Clover Close. At the end of the road there was a sharp bend, known asCaptain's Bend. People seldom went that way except on the weekend.

It was early May. In some of the gardens the fruit trees were encircled with dense clusters ofdaffodils. The birches were already in pale green leaf.

It was extraordinary how everything burst forth at this time of year! What made this great massof green vegetation come welling up from the dead earth as soon as it got warm and the lasttraces of snow disappeared?

As Sophie opened her garden gate, she looked in the mailbox. There was usually a lot of junkmail and a few big envelopes for her mother, a pile to dump on the kitchen table before she wentup to her room to start her homework.

From time to time there would be a few letters from the bank for her father, but then he was not anormal father. Sophie's father was the captain of a big oil tanker, and was away for most of theyear.

During the few weeks at a time when he was at home, he would shuffle around the house makingit nice and cozy for Sophie and her mother. But when he was at sea he could seem very distant. There was only one letter in the mailbox—and it was for Sophie. The white envelope read:

"Sophie Amundsen, 3 Clover Close." That was all; it did not say who it was from. There was nostamp on it either.

As soon as Sophie had closed the gate behind her she opened the envelope. It contained only aslip of paper no bigger than the envelope. It read: *Who are you?*

Nothing else, only the three words, written by hand, and followed by a large question mark.

She looked at the envelope again. The letter was definitely for her. Who could have dropped it in the mailbox?

Sophie let herself quickly into the red house. As always, her cat Sherekan managed to slink outof the bushes, jump onto the front step, and slip in through the door before she closed it behindher.

Whenever Sophie's mother was in a bad mood, she would call the house they lived in amenagerie. A menagerie was a collection of animals. Sophie certainly had one and was quitehappy with it. It had begun with the three goldfish, Goldtop, Red Ridinghood, and Black Jack.Next she got two budgerigars called Smitt and Smule, then Govinda the tortoise, and finally themarmalade cat Sherekan.

They had all been given to her to make up for the fact that her mother never got home from workuntil late in the afternoon and her father was away so much, sailing all over the world.

Sophie slung her schoolbag on the floor and put a bowl of cat food out for Sherekan. Then shesat down on a kitchen stool with the mysterious letter in her hand.

Who are you?

She had no idea. She was Sophie Amundsen, of course, but who was that? She had not reallyfigured that out—yet.

What if she had been given a different name? Anne Knutsen, for instance. Would she then havebeen someone else?

She suddenly remembered that Dad had originally wanted her to be called Lillemor. Sophie triedto imagine herself shaking hands and introducing herself as Lillemor Amundsen, but it seemedall wrong. It was someone else who kept introducing herself.

She jumped up and went into the bathroom with the strange letter in her hand. She stood in frontof the mirror and stared into her own eyes.

"I am Sophie Amundsen," she said.

The girl in the mirror did not react with as much as a twitch. Whatever Sophie did, she didexactly the same. Sophie tried to beat her reflection to it with a lightning movement but the othergirl was just as fast.

"Who are you?" Sophie asked.

She received no response to this either, but felt a momentary confusion as to whether it was sheor her reflection who had asked the question.

Sophie pressed her index finger to the nose in the mirror and said, "You are me."

As she got no answer to this, she turned the sentence around and said, "I am you."

Sophie Amundsen was often dissatisfied with her appearance. She was frequently told that shehad beautiful almond-shaped eyes, but that was probably just something people said because hernose was

too small and her mouth was a bit too big. And her ears were much too close to her eyes. Worstof all was her straight hair, which it was impossible to do anything with. Sometimes her fatherwould stroke her hair and call her "the girl with the flaxen hair," after a piece of music by ClaudeDebussy. It was all right for him, he was not condemned to living with this straight dark hair. Neither mousse nor styling gel had the slightest effect on Sophie's hair. Sometimes she thoughtshe was so ugly that she wondered if she was malformed at birth. Her mother always went onabout her difficult labor. But was that really what determined how you looked?

Wasn't it odd that she didn't know who she was? And wasn't it unreasonable that she hadn'tbeen allowed to have any say in what she would look like? Her looks had just been dumped onher. She could choose her own friends, but she certainly hadn't chosen herself. She had not evenchosen to be a human being.

What was a human being?

Sophie looked up at the girl in the mirror again.

"I think I'll go upstairs and do my biology homework," she said, almost apologetically. Once shewas out in the hall, she thought, No, I'd rather go out in the garden.

"Kitty, kitty, kitty!"

Sophie chased the cat out onto the doorstep and closed the front door behind her.

As she stood outside on the gravel path with the mysterious letter in her hand, the strangestfeeling came over her. She felt like a doll that had suddenly been brought to life by the wave of amagic wand.

Wasn't it extraordinary to be in the world right now, wandering around in a wonderfuladventure!

Sherekan sprang lightly across the gravel and slid into a dense clump of red-currant bushes. Alive cat, vibrant with energy from its white whiskers to the twitching tail at the end of its sleekbody. It was here in the garden too, but hardly aware of it in the same way as Sophie.

As Sophie started to think about being alive, she began to realize that she would not be aliveforever. I am in the world now, she thought, but one day I

shall be gone.

Was there a life after death? This was another question the cat was blissfully unaware of.

It was not long since Sophie's grandmother had died. For more than six months Sophie hadmissed her every single day. How unfair that life had to end!

Sophie stood on the gravel path, thinking. She tried to think extra hard about being alive so as toforget that she would not be alive forever. But it was impossible. As soon as she concentrated onbeing alive now, the thought of dying also came into her mind. The same thing happened theother way around: only by conjuring up an intense feeling of one day being dead could sheappreciate how terribly good it was to be alive. It was like two sides of a coin that she keptturning over and over. And the bigger and clearer one side of the coin became, the bigger andclearer the other side became too.

You can't experience being alive without realizing that you have to die, she thought. But it's justas impossible to realize you have to die without thinking how incredibly amazing it is to be alive.

Sophie remembered Granny saying something like that the day the doctor told her she was ill. "Inever realized how rich life was until now," she said.

How tragic that most people had to get ill before they understood what a gift it was to be alive.Or else they had to find a mysterious letter in the mailbox!

Perhaps she should go and see if any more letters had arrived. Sophie hurried to the gate andlooked inside the green mailbox. She was startled to find that it contained another whiteenvelope, exactly like the first. But the mailbox had definitely been empty when she took thefirst envelope! This envelope had her name on it as well. She tore it open and fished out a notethe same size as the first one.

Where does the world come from? it said.

I don't know, Sophie thought. Surely nobody really knows. And yet— Sophie thought it was afair question. For the first time in her life she felt it wasn't right to live in the world without atleast inquiring where it came from.

The mysterious letters had made Sophie's head spin. She decided to go and sit in the den.

The den was Sophie's top secret hiding place. It was where she went when she was terriblyangry, terribly miserable, or terribly happy. Today she was simply confused.

The red house was surrounded by a large garden with lots of flowerbeds, fruit bushes, fruit treesof different kinds, a spacious lawn with a glider and a little gazebo that Granddad had built forGranny when she lost their first child a few weeks after it was born. The child's name was Marie.On her gravestone were the words: "Little Marie to us came, greeted us, and left again." Down in a corner of the garden behind all the raspberry bushes was a dense thicket where neitherflowers nor berries would grow. Actually, it was an old hedge that had once marked theboundary to the woods, but because nobody had trimmed it for the last twenty years it had growninto a tangled and impenetrable mass. Granny used to say the hedge made it harder for the foxesto take the chickens during the war, when the chickens had free range of the garden.

To everyone but Sophie, the old hedge was just as useless as the rabbit hutches at the other endof the garden. But that was only because they hadn't discovered Sophie's secret.

Sophie had known about the little hole in the hedge for as long as she could remember. Whenshe crawled through it she came into a large cavity between the bushes. It was like a little house.She knew nobody would find her there.

Clutching the two envelopes in her hand, Sophie ran through the garden, crouched down on allfours, and wormed her way through the hedge. The den was almost high enough for her to standupright, but today she sat down on a clump of gnarled roots. From there she could look outthrough tiny peepholes between the twigs and leaves. Although none of the holes was bigger than a small coin, she had a good view of the whole garden. When she was little she used tothink it was fun to watch her mother and father searching for her among the trees.

Sophie had always thought the garden was a world of its own. Each time she heard about theGarden of Eden in the Bible it reminded her of sitting here in the den, surveying her own littleparadise.

Where does the world come from?

She hadn't the faintest idea. Sophie knew that the world was only a small planet in space. Butwhere did space come from?

It was possible that space had always existed, in which case she would not also need to figure outwhere it came from. But could anything have always existed? Something deep down inside herprotested at the idea. Surely everything that exists must have had a beginning? So space mustsometime have been created out of something else.

But if space had come from something else, then that something else must also have come fromsomething. Sophie felt she was only deferring the problem. At some point, something must havecome from nothing. But was that possible? Wasn't that just as impossible as the idea that theworld had always existed?

They had learned at school that God created the world. Sophie tried to console herself with thethought that this was probably the best solution to the whole problem. But then she started tothink again. She could accept that God had created space, but what about God himself? Had hecreated himself out of nothing? Again there was something deep down inside her that protested.Even though God could create all kinds of things, he could hardly create himself before he had a"self" to create with.

So there was only one possibility left: God had always existed. But she had already rejected thatpossibility! Everything that existed had to have a beginning.

Oh, drat!

She opened the two envelopes again.

Who are you?

Where does the world come from?

What annoying questions! And anyway where did the letters come from? That was just asmysterious, almost.

Who had jolted Sophie out of her everyday existence and suddenly brought her face to face with the great riddles of the universe?

For the third time Sophie went to the mailbox. The mailman had just delivered the day's mail.

Sophie fished out a bulky pile of junk mail, periodicals, and a couple of letters for her mother. There was also a postcard of a tropical beach. She turned the card over. It had a Norwegian

stamp on it and was postmarked "UN Battalion." Could it be from Dad? But wasn't he in acompletely different place? It wasn't his handwriting either.

Sophie felt her pulse quicken a little as she saw who the postcard was addressed to: "HildeMoller Knag, c/o Sophie Amundsen, 3 Clover Close ..." The rest of the address was correct. Thecard read: Dear Hilde, Happy 15th birthday! As I'm sure you'll understand, I want to give you apresent that will help you grow. Forgive me for sending the card c/o Sophie. It was the easiestway. Love from Dad.

Sophie raced back to the house and into the kitchen. Her mind was in a turmoil. Who was this "Hilde," whose fifteenth birthday was just a month before her own?

Sophie got out the telephone book. There were a lot of people called Moller, and quite a fewcalled Knag. But there was nobody in the entire directory called Moller Knag.

She examined the mysterious card again. It certainly seemed genuine enough; it had a stamp and apostmark.

Why would a father send a birthday card to Sophie's address when it was quite obviouslyintended to go somewhere else? What kind of father would cheat his own daughter of a birthdaycard by purposely sending it astray? How could it be "the easiest way"? And above all, how wasshe supposed to trace this Hilde person?

So now Sophie had another problem to worry about. She tried to get her thoughts in order: Thisafternoon, in the space of two short hours, she had been presented with three problems. The firstproblem was who had put the two white envelopes in her mailbox. The second was the difficult questions these letters contained. The third problem was who Hilde Moller Knag could be, andwhy Sophie had been sent her birthday card. She was sure that the three problems were interconnected in some way. They had to be, because until today she had lived a perfectly ordinary life.

The Top Hat

... the only thing we require to be good philosophers is the faculty of wonder...

Sophie was sure she would hear from the anonymous letter writer again. She decided not to tellanyone about the letters for the time being.

At school she had trouble concentrating on what the teachers said. They seemed to talk onlyabout unimportant things. Why couldn't they talk about what a human being is—or about whatthe world is and how it came into being?

For the first time she began to feel that at school as well as everywhere else people were onlyconcerned with trivialities. There were major problems that needed to be solved.

Did anybody have answers to these questions? Sophie felt that thinking about them was more important than memorizing irregular verbs.

When the bell rang after the last class, she left the school so fast that Joanna had to run to catchup with her.

After a while Joanna said, "Do you want to play cards this evening?"

Sophie shrugged her shoulders.

"I'm not that interested in card games any more."

Joanna looked surprised.

"You're not? Let's play badminton then."

Sophie stared down at the pavement—then up at her friend.

"I don't think I'm that interested in badminton either."

"You're kidding!"

Sophie noticed the touch of bitterness in Joanna's tone.

"Do you mind telling me what's suddenly so important?"

Sophie just shook her head. "It's ... it's a secret."

"Yuck! You're probably in love!"

The two girls walked on for a while without saying anything. When they got to the soccer fieldJoanna said, "I'm going across the field."

Across the field! It was the quickest way for Joanna, but she only went that way when she had tohurry home in time for visitors or a dental appointment.

Sophie regretted having been mean to her. But what else could she have said? That she hadsuddenly become so engrossed in who she was and where the world came from that she had notime to play badminton? Would Joanna have understood?

Why was it so difficult to be absorbed in the most vital and, in a way, the most natural of allquestions?

She felt her heart beating faster as she opened the mailbox. At first she found only a letter from bank and some big brown envelopes for her mother. Darn! Sophie had been looking forwardto getting another letter from the unknown sender.

As she closed the gate behind her she noticed her own name on one of the big envelopes.Turning it over, she saw written on the back: "Course in Philosophy. Handle with care."

Sophie ran up the gravel path and flung her schoolbag onto the step. Stuffing the other lettersunder the doormat, she ran around into the back garden and sought refuge in the den. This wasthe only place to open the big letter.

Sherekan came jumping after her but Sophie had to put up with that. She knew the cat would notgive her away.

Inside the envelope there were three typewritten pages held together with a paper clip. Sophiebegan to read.

WHAT IS PHILOSOPHY?

Dear Sophie, Lots of people have hobbies. Some people collect old coins or foreign stamps, some do needlework, others spend most of their spare time on a particular sport.

A lot of people enjoy reading. But reading tastes differ widely. Some people only readnewspapers or comics, some like reading novels, while others prefer books on astronomy, wildlife, or technological discoveries.

If I happen to be interested in horses or precious stones, I cannot expect everyone else to sharemy enthusiasm. If I watch all the sports programs on TV with great pleasure, I must put up withthe fact that other people find sports boring. Is there nothing that interests us all? Is there nothing that concerns everyone —no matter whothey are or where they live in the world? Yes, dear Sophie, there are questions that certainlyshould interest everyone. They are precisely the questions this course is about.

What is the most important thing in life? If we ask someone living on the edge of starvation, theanswer is food. If we ask someone dying of cold, the answer is warmth. If we put the samequestion to someone who feels lonely and isolated, the answer will probably be the company of other people.

But when these basic needs have been satisfied—will there still be something that everybodyneeds? Philosophers think so. They believe that man cannot live by bread alone. Of courseeveryone needs food. And everyone needs love and care. But there is something else—apartfrom that —which everyone needs, and that is to figure out who we are and why we are here.

Being interested in why we are here is not a "casual" interest like collecting stamps.

People who ask such questions are taking part in a debate that has gone on as long as man

has lived on this planet. How the universe, the earth, and life came into being is a bigger andmore important question than who won the most gold medals in the last Olympics.

The best way of approaching philosophy is to ask a few philosophical questions: How was theworld created? Is there any will or meaning behind what happens? Is there a life after death?How can we answer these questions? And most important, how ought we to live? People havebeen asking these questions throughout the ages. We know of no culture which has notconcerned itself with what man is and where the world came from.

Basically there are not many philosophical questions to ask. We have already asked some of themost important ones. But history presents us with many different answers to each question. So it is easier to ask philosophical questions than to answer them.

Today as well each individual has to discover his own answer to these same questions.

You cannot find out whether there is a God or whether there is life after death by looking in an encyclopedia. Nor does the encyclopedia tell us how we ought to live. However, reading whatother people have believed can help us formulate our own view of life.

Philosophers' search for the truth resembles a detective story. Some think Andersen was themurderer, others think it was Nielsen or Jensen. The police are sometimes able to solve a realcrime. But it is equally possible that they never get to the bottom of it, although there is asolution somewhere. So even if it is difficult to answer a question, there may be one —and onlyone—right answer. Either there is a kind of existence after death —or there is not.

A lot of age-old enigmas have now been explained by science. What the dark side of the moonlooks like was once shrouded in mystery. It was not