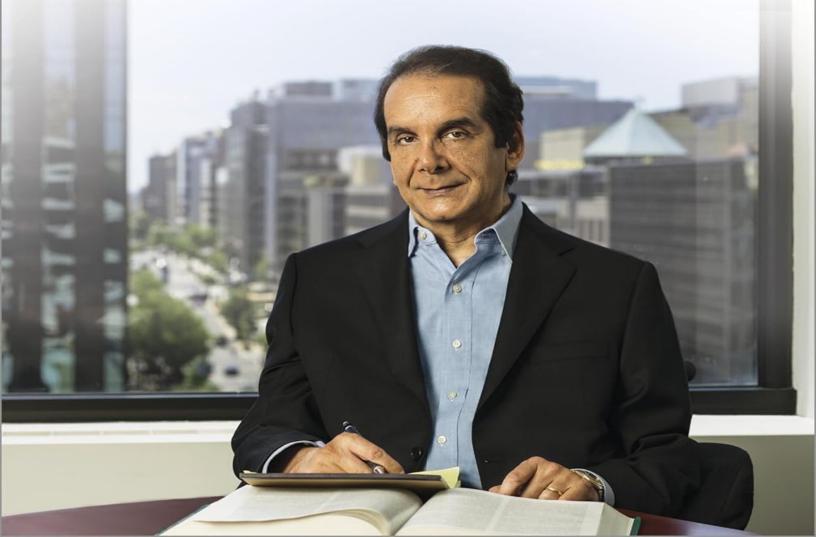
#1 NEW YORK TIMES BESTSELLER

CHARLES KRAUTHAMMER

WINNER OF THE PULITZER PRIZE

THINGS THAT MATTER

Three Decades of Passions, Pastimes and Politics



THINGS THAT

MATTER

THREE DECADES OF PASSIONS, PASTIMES AND POLITICS

CHARLES

KRAUTHAMMER



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For Robyn and Daniel

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INTRODUCTION

I. THE BOOK

What matters? Lives of the good and the great, the innocence of dogs, the cunning of cats, the elegance of nature, the wonders of space, the perfectly thrown outfield assist, the difference between historical guilt and historical responsibility, homage and sacrilege in monumental architecture, fashions and follies and the finer uses of the F-word.

What matters? Manners and habits, curiosities and conundrums social and ethical: Is a doctor ever permitted to kill a patient wishing to die? Why in the age of feminism do we still use the phrase "women and children"? How many lies is one allowed to tell to advance stem cell research?

What matters? Occam's razor, Fermat's last theorem, the Fermi paradox in which the great man asks: With so many habitable planets out there, why in God's name have we never heard a word from a single one of them?

These are the things that most engage me. They fill my days, some trouble my nights. They give me pause, pleasure, wonder. They make me grateful for the gift of consciousness. And for three decades they have occupied my mind and commanded my pen.

I don't claim these things matter to everyone. Nor should they. I have my eccentricities. I've driven from Washington to New York to watch a chess match. Twice. I've read Stephen Hawking's *A Brief History of Time*. Also twice, though here as a public service—to reassure my readers that this most unread bestseller is indeed as inscrutable as they thought. And perhaps most eccentric of all, I left a life in medicine for a life in journalism devoted mostly to politics, while firmly believing that what really matters, what moves the spirit, what elevates the mind, what fires the imagination, what

makes us fully human are all of these endeavors, disciplines, confusions and amusements that lie outside politics.

Accordingly, this book was originally going to be a collection of my writings about everything but politics. Things beautiful, mysterious, profound or just odd. Working title: *There's More to Life than Politics*.

But in the end I couldn't. For a simple reason, the same reason I left psychiatry for journalism. While science, medicine, art, poetry, architecture, chess, space, sports, number theory and all things hard and beautiful promise purity, elegance and sometimes even transcendence, they are fundamentally subordinate. In the end, they must bow to the sovereignty of politics.

Politics, the crooked timber of our communal lives, dominates everything because, in the end, everything—high and low and, most especially, high—lives or dies by politics. You can have the most advanced and efflorescent of cultures. Get your politics wrong, however, and everything stands to be swept away. This is not ancient history. This is Germany 1933.

"Beauty is truth, truth beauty,—that is all / Ye know on earth, and all ye need to know," every schoolchild is fed. But even Keats—poet, romantic, early 19th-century man oblivious to the horrors of the century to come kept quotational distance from such blissful innocence. Turns out we need to know one more thing on earth: politics—because of its capacity, when benign, to allow all around it to flourish, and its capacity, when malign, to make all around it wither.

This is no abstraction. We see it in North Korea, whose deranged Stalinist politics has created a land of stunning desolation and ugliness, both spiritual and material. We saw it in China's Cultural Revolution, a sustained act of national self-immolation, designed to dethrone, debase and destroy the highest achievements of five millennia of Chinese culture. We saw it in Taliban Afghanistan, which, just months before 9/11, marched its cadres into the Bamiyan Valley and with tanks, artillery and dynamite destroyed its magnificent cliff-carved 1,700-year-old Buddhas lest they—like kite flying and music and other things lovely—disturb the scorched-earth purity of their nihilism.

Politics is the moat, the walls, beyond which lie the barbarians. Fail to keep them at bay, and everything burns. The entire 20th century with its mass political enthusiasms is a lesson in the supreme power of politics to produce ever-expanding circles of ruin. World War I not only killed more people than any previous war. The psychological shock of Europe's senseless self-inflicted devastation forever changed Western sensibilities, practically overthrowing the classical arts, virtues and modes of thought. The Russian Revolution and its imitators (Chinese, Cuban, Vietnamese, Cambodian) tried to atomize society so thoroughly—to war against the mediating structures that stand between the individual and the state—that the most basic bonds of family, faith, fellowship and conscience came to near dissolution. Of course, the greatest demonstration of the finality of politics is the Holocaust, which in less than a decade destroyed a millennium-old civilization, sweeping away not only 6 million souls but the institutions, the culture, the very tongue of the now-vanished world of European Jewry.

The only power comparably destructive belongs to God. Or nature. Or, if like Jefferson you cannot quite decide, Nature's God. Santorini was a thriving island civilization in the Mediterranean until, one morning 3,500 years ago, it simply fell into the sea. An earthquake. A volcanic eruption. The end.

And yet even God cannot match the cruelty of his creation. For every Santorini, there are a hundred massacres of innocents. And that is the work of man—more particularly, the work of politics, of groups of men organized to gain and exercise power.

Which in its day-to-day conduct tends not to be the most elevated of human enterprises. Machiavelli gave it an air of grandeur and glory, but Disraeli's mordant exultation "I have climbed to the top of the greasy pole," best captured its quotidian essence—grubby, grasping, manipulative, demagogic, cynical.

The most considered and balanced statement of politics' place in the hierarchy of human disciplines came, naturally, from an American. "I must study politics and war," wrote John Adams, "that my sons may have the liberty to study mathematics and philosophy, geography, natural history, and naval architecture, navigation, commerce, and agriculture, in order to give their children a right to study painting, poetry, music, architecture, statuary, tapestry and porcelain."

Adams saw clearly that politics is the indispensable foundation for things elegant and beautiful. First and above all else, you must secure life, liberty and the right to pursue your own happiness. That's politics done right, hardearned, often by war. And yet the glories yielded by such a successful politics lie outside itself. Its deepest purpose is to create the conditions for the cultivation of the finer things, beginning with philosophy and science, and ascending to the ever more delicate and refined arts. Note Adams' double reference to architecture: The second generation must study naval architecture—a hybrid discipline of war, commerce and science—before the third can freely and securely study architecture for its own sake.

The most optimistic implication of Adams' dictum is that once the first generation gets the political essentials right, they remain intact to nurture the future. Yet he himself once said that "there never was a democracy yet that did not commit suicide." Jefferson was even less sanguine about the durability of liberty. He wrote that a constitutional revolution might be needed every 20 years. Indeed, the lesson of our history is that the task of merely maintaining strong and sturdy the structures of a constitutional order is unending, the continuing and ceaseless work of every generation.

To which I have devoted much of my life. And which I do not disdain by any means. Indeed, I intend to write a book on foreign policy and, if nature (or God or Nature's God) gives me leave, to write yet one more on domestic policy. But this book is intended at least as much for other things. Things that for me, as for Adams, shine most brightly.

Biologist and philosopher Lewis Thomas was once asked what one artifact we should send out into space as evidence of human achievement. "I would vote for Bach, all of Bach, streamed out into space, over and over again," he suggested. Then added ruefully, "We would be bragging, of course."

Not a single State of the Union address, I'd venture. Not one version of the Nuclear Non-Proliferation Treaty. Nor, God help us, what we actually did send out into space when we first got the chance. The interstellar Voyagers 1 and 2 carry, among other artifacts, the first audio greetings from our species. Who is it that, on behalf of all humanity that has ever lived, speaks to some unknown alien race across the infinity of space? Whose voice will survive into eternity long after Earth has turned to a cinder? Why, the head of the one political institution that represents all mankind, the then UN Secretary-General Kurt Waldheim. Later discovered to be ... a Nazi. A minor one, mind you. Just a small willing cog in the machine. Makes you

wish that we'd immediately sent out a Voyager 3 beeping frantically: Please disregard all previous messages.

Thomas was right about Bach. Though I do concede that beaming out a digital copy of the Magna Carta or the Declaration of Independence would have made a fine second choice. But here I draw a distinction. While political practice deserves grudging respect for its power, political philosophy commands reverence for its capacity for grandeur and depth, as exemplified in the sublime texts of the American founding. Accordingly, I have weighted much of the politically oriented writings in this volume toward those dealing with constitutional issues and general principles. I've skipped over much of the partisan contention that characterizes the daily life of a democracy—the tentative, incremental, ever-improvised back-and-forth that occupies much of the attention of a political columnist. I've tried to give as little space as possible to campaigns and elections, to personalities and peccadilloes, to things that come and go.

These contingencies are not ignored, of course. They cannot be. That's not how actual political life is lived. But because these more transient, more partisan, more pole-climbing events tend to mundanity and redundancy, they lose their interest over time. They fade from memory, and deservedly so. I've tried to filter most of that out. I've tried to stick to what matters.

II. THE AUTHOR

That's how this book was put together. For those readers interested in how the author was, let me offer a brief account of my writing career. It is a measure of its improbability that until age 30, I had not the faintest idea or expectation of becoming a writer. I had a brief accidental stint in college, then quite casually left it behind for a decade, only to return to it by the sheerest serendipity.

My first published article was a short, pompous editorial in the *McGill Daily* titled "End of the Monolith." I got to write the equally pompous headline because I happened to be my own editor. It was a month into my senior year at McGill and my first day on the job as editor in chief. A week earlier, the student council had fired the previous editor on the grounds that

the paper's mindless, humorless Maoism had rendered it unreadable. (Yes, Maoism—Stalinism being too moderate and lacking in romance. This was, after all, the '60s.) A search was launched for someone not loony-left. The roulette wheel spun my way.

By today's standards, I would have been considered a centrist, but on a 1969 campus that was considered a fairly exotic, somewhat reactionary political orientation. So I decided to issue a manifesto clarifying the new management's creed. It was simple. The paper was now open to all points of view. "The Daily is under the present editorship because it is committed to publish a pluralist paper," I wrote. Not only would "dissenting and critical analyses be actively solicited," but henceforth newsworthiness would be determined by no single ideological standard. Or, as I phrased it, by "no one historical paradigm"—Thomas Kuhn having made the notion of "paradigm shift" too voguish for any self-respecting 19-year-old to resist.

Pluralism was not the most fashionable flag to fly those days, but unlike most of my contemporaries, I never had a Marxist phase. And if I did, it would have lasted no more than a weekend—undoubtedly a good one, I suspect, because I don't remember a minute of it.

This devotion to pluralism reflected my aversion to the politics of certainty, so prevalent at the time, and in particular to the politics of the extreme. I had learned that lesson early. At McGill, I witnessed a mass rally to turn the university, then considered by the left a bastion of Anglo imperialism, into a French-speaking school for the local proletariat. At the head of the march, linked arm-in-arm, were two men: McGill's most radical Marxist professor and the leader of a neo-fascist, anti-immigrant popular front.

It was for me a seminal moment: visual, tangible evidence of the ultimate convergence of left and right, an object lesson in the virtues of ideological moderation, and my good-bye, if there ever was a hello, to political romanticism. It set my own political course toward philosophical skepticism and political tolerance. That didn't mean splitting differences or straddling some ideological midpoint. It meant viewing certainty with suspicion and acknowledging, with both regret and resolve, the imperfectibility of man, the fallibility of institutions and the tragic—rather than redemptive—nature of history.

When my senior year was up, I went on to pour myself into political philosophy at Oxford. It is there that I discovered my muse for this prudential view of the possibilities of politics: John Stuart Mill, whose *On Liberty* is the foundational document of classical liberalism. To this day it is the first thing I recommend to any young person seeking political guidance, to be followed by Isaiah Berlin's *Four Essays on Liberty*, perhaps the finest, and surely the most accessible, 20th-century elaboration of that tradition.

I say Mill's liberalism, invoking the 19th-century understanding of the word. Today that political orientation is the essence of conservatism. In the 20th century, liberalism became more ambitious. It outgrew the classical individualism of the Millian tradition and fell in thrall to the romantic progressivism of the age. Mill held that truth emerges from an unfettered competition of ideas and that individual character is most improved when allowed to find its own way uncoerced. That vision was insufficient for 20th-century American liberalism. Mill lacked sweep and glory. Modern liberalism's perfectionist ambitions—reflected in its progenitor (and current euphemism), progressivism—seeks to harness the power of government, the mystique of science and the rule of experts to shape both society and citizen and bring them both, willing or not, to a higher state of being.

It was natural, therefore, that I would in time turn to conservatism. But that proved to be years away, largely because I then abruptly left the field and abandoned my studies. Mill had his crisis of conscience at 20. I had mine at 21. I had become increasingly uncomfortable with a life of theory. I began to regard it as something of an intellectual self-indulgence, increasingly divorced from reality and from duty. One morning that August, I called the registrar at Harvard Medical School, where I'd previously been accepted, to ask for immediate admission. Quite by chance, a student had just dropped out—a week before the beginning of the term. If I was there by Monday, the spot was mine.

I didn't pack. I left immediately to take up what I was sure would be my life's work: the practical, the real, the indisputably worthy work of medicine. There I spent the next seven years, a nice biblical sum, four as a medical student, three as a psychiatric resident at Massachusetts General Hospital.

Medicine had not been my first choice. I had long preferred the graceful lines of physics to the ragged edges of biology. But at 16, I'd come to the

realization that I didn't have what it took to do important work in theoretical physics, namely genius. A friend in my Special Relativity class, who had come to the same awful conclusion about his own intellectual capacities, told me that he was changing his major because he didn't want to end up testing steel for General Motors. (The great physicist Max Planck did once tell John Maynard Keynes that he had thought of studying economics but decided it was too difficult. That I take as an exercise in either humor or good manners.)

Not thirsting to test steel, I chose medicine. I have no regrets. It was challenging and enlarging. I absorbed more knowledge in those seven years than at any other time in my life. Although it did turn out that I wasn't quite the perfect fit for psychiatry either. In my first year at Mass General, I discovered that all freshmen residents were required to attend a weekly group-therapy session. Seeing this as pointless, I refused. This did not go over well with management. Around week seven, I was called into the department chairman's office. He asked me why I had not been attending.

"Because I came here to give therapy, not get it," I said.

"You're just in denial," he protested loudly.

"Of course I am, sir. It's the best defense mechanism ever invented. Why, I'm a master of denial. I should be a professor—I could give a course in denial."

I was enjoying the riff, but the chief was not. He cut me short: Attend the sessions or leave the program. Having few marketable skills and fewer prospects, I attended. But for the remaining 20 or so weeks, I said nary a word in the group. I was occasionally asked why. "I'm in denial," I explained.

Don't get me wrong. This was something of an aberration. I had gone to Mass General because it was the most biologically (and least psychoanalytically) oriented of all the psychiatric programs in the Boston area. Remarkably and brilliantly so. Their pharmacological treatments were superb. They pioneered a new method of (unilateral) electric shock therapy that was astonishingly successful in curing the most profound and recalcitrant depressions. And they even used hypnosis, which I learned to administer to in-patient burn victims in order to block the excruciating pain that accompanies bandage changes—thus sparing them the need for potentially addictive narcotics. It was a noble life. I remain forever respectful of the work carried on by my colleagues and grateful for my own seven years there. Medicine—and particularly hospital medicine, which lives in a sea of human suffering—has a way of beating callowness out of even the most self-possessed youth. Its other invaluable residue is best described by Arthur Conan Doyle, himself a physician: "The moral training to keep a confidence inviolate, to act promptly on a sudden call, to keep your head in critical moments, to be kind yet strong—where can you, outside medicine, get such a training as that?"

Nonetheless, my life as a doctor felt constricted. It was conducted entirely within the four walls of the hospital. Outside, there was a history unfolding to which I felt impelled to contribute—but saw no way to. How to get from here to there? Having moved from New York to Montreal when I was five (prudently bringing my parents with me) and having not resided again in the United States until medical school, I had few contacts outside Boston, and none in politics or journalism.

And then, pure blind luck. With only a few months left in my residency, a professor with whom I'd written a couple of papers on manic-depressive disease was appointed out of the blue by President Carter to head a newly created federal superagency overseeing the National Institute of Mental Health (NIMH). At my suggestion, he took me to Washington to help shape national research on a new diagnostic system designed to move psychiatry from its anecdotal Freudian origins to a more empirical and scientific foundation.

It was my "Go West, young man" moment. Although I knew no one in Washington, I figured it was there that I would find my way back to my long-dormant interest in public affairs.

This is no place for an extended biography, so I'll be brief about the unfolding. While working at the NIMH, I began writing articles for *The New Republic* and was then offered a speechwriting job for Vice President Walter Mondale. It was spring 1980. Six months of that and our side lost, badly. Such was my political career. At which point, *The New Republic* offered me a job as a writer and editor. I began my new life in journalism on the day Ronald Reagan was sworn in, January 20, 1981.

Some of the articles in this book are from those early years at *The New Republic*. Others are from the monthly back-page essay I began writing for

Time magazine in 1983. Most of the pieces in this book, however, are from the weekly column I have been writing for the *Washington Post* since 1984.

These quite fantastic twists and turns have given me a profound respect for serendipity and a rather skeptical view about how much one really is master of one's fate. A long-forgotten, utterly trivial student council fight brought me to journalism. A moment of adolescent angst led to the impulsive decision to quit political studies and enroll in medical school. A decade later, a random presidential appointment having nothing to do with me brought me to a place where my writing and public career could begin. When a young journalist asks me today, "How do I get to be a nationally syndicated columnist?" I have my answer: "First, go to medical school."

These turns in my career path were a matter of fate. But there was one other transformation that was not, and it needs a word of explanation. It was deliberate, gradual and self-driven: my ideological evolution.

I'm often asked: "How do you go from Walter Mondale to Fox News?" To which the short answer is: "I was young once." The long answer begins by noting that this is hardly a novel passage. The path is well trodden, most famously by Ronald Reagan, himself once a New Deal Democrat, and more recently by a generation of neoconservatives, led by Irving Kristol and Norman Podhoretz. Every story has its idiosyncrasies. These are mine.

I'd been a lifelong Democrat, and in my youth a Great Society liberal. But I had always identified with the party's Cold War liberals, uncompromising Truman-Kennedy anti-communists led by the likes of Henry Jackson, Hubert Humphrey and Pat Moynihan. Given my socialdemocratic political orientation, it was natural for me to work for Democrats, handing out leaflets for Henry Jackson in the 1976 Massachusetts primary (Jackson won; I handed out a lot of leaflets) and working for Mondale four years later.

After Reagan took office in 1981, however, Democratic foreign policy changed dramatically. Some, of course, had begun their slide toward isolationism years earlier with George McGovern's "Come Home, America" campaign. But the responsibility of governance imposes discipline. When the Soviets provocatively moved intermediate-range nuclear forces (INF) into Eastern Europe, President Carter and German chancellor Helmut Schmidt got NATO to approve the counterdeployment of American INFs in Western Europe. However, as soon as they lost power in 1981, the Democrats did an about-face. They fell in the thrall of the "nuclear freeze," an idea of unmatched strategic vacuity, which would have canceled the American IMF deployment while freezing the Soviet force in place. The result would have been a major strategic setback, undermining the nuclear guarantee that underwrote the NATO alliance.

Years later, leading European social democrats repented their youthful part in the anti-nuclear movement of the early '80s. But the Democratic Party never did. It went even further left. It reflexively opposed every element of the Reagan foreign policy that ultimately brought total victory in the Cold War: the defense buildup, the resistance to Soviet gains in Central America and the blunt "evil empire" rhetoric that gave hope and succor to dissidents in the gulag. Democrats denounced such talk as provocative and naïve—the pronouncements of "an amiable dunce," to quote Clark Clifford's famous phrase disdaining Reagan.

And most relevant now, Democrats became implacable foes of missile defense, in large part because the idea originated with Reagan. The resistance was militant and nearly theological. It lasted 30 years—until, well, today, when a Democratic administration, facing North Korean nuclear threats, frantically puts in place (on Guam, in Alaska, in California and off the Korean coast) the few missile-defense systems that had survived decades of Democratic opposition and defunding.

I wrote most of the *New Republic* editorials opposing the Democratic Party's foreign policy of retreat, drawing fierce resistance from and occasioning public debate with my more traditionally liberal *TNR* colleagues. My attack on the nuclear freeze, announced the publisher rather ruefully at the next editorial meeting, produced more canceled subscriptions than any other article in the magazine's history. At that time, I still saw myself as trying to save the soul of the Democratic Party, which to me meant keeping alive the activist anti-communist tradition of Truman and Kennedy. But few other Democrats followed. By the mid-1980s, Humphrey and Jackson were dead and Moynihan had declined to pick up their mantle. The Cold War contingent of the Democratic Party essentially disappeared. As someone who had never had any illusions about either communism or Soviet power, I gave up on the Democrats.

On foreign policy, as the cliché goes, I didn't leave the Democratic Party. It left me.

Not so on domestic policy. The Democratic Party remained true to itself. I changed. The origin of that evolution is simple: I'm open to empirical evidence. The results of the Great Society experiments started coming in and began showing that, for all its good intentions, the War on Poverty was causing irreparable damage to the very communities it was designed to help. Charles Murray's *Losing Ground* was one turning point. Another, more theoretical but equally powerful, was Mancur Olson's *The Rise and Decline of Nations*, which opened my eyes to the inexorable "institutional sclerosis" that corrodes and corrupts the ever-enlarging welfare state. The '80s and '90s saw the further accumulation of a vast body of social science evidence—produced by two generations of critics, from James Q. Wilson to Heather Mac Donald, writing in *The Public Interest, City Journal* and elsewhere—on the limits and failures of the ever-expanding Leviathan state.

As I became convinced of the practical and theoretical defects of the social-democratic tendencies of my youth, it was but a short distance to a philosophy of restrained, free-market governance that gave more space and place to the individual and to the civil society that stands between citizen and state. In a kind of full-circle return, I found my eventual political home in a vision of limited government that, while providing for the helpless, is committed above all to guaranteeing individual liberty and the pursuit of one's own Millian "ends of life."

Such has been my trajectory. Given my checkered past, I've offered this brief personal history for those interested in what forces, internal and external, led me to change direction both vocationally and ideologically. I've elaborated it here because I believe that while everyone has the right to change views, one does at least owe others an explanation. The above is mine. This book represents the product of that journey.

III. A WORD ON ORGANIZATION AND METHOD

The body of this book is made up of newspaper columns and shorter magazine pieces grouped by theme in 16 chapters. I have included,

however, five longer essays on subjects of enough complexity to have required more extensive treatment. The first of these is on the ethics of embryonic research, originally published by the President's Council on Bioethics, of which I was then a member. It is included as the last entry in chapter 9, "Body and Soul." The second essay is a meditation on Jewish destiny, first published in the late 1990s and included here at the end of chapter 12, "The Jewish Question, Again." And finally, the book's last chapter, "Three Essays on America and the World," is based on three speeches on U.S. foreign policy delivered over two decades about the structure and demands of the post–Cold War international system.

Every article in this book, long or short, is reproduced in its original form, except for three considerations. First, I have rewritten some of the headlines. Generally speaking, columnists and essayists don't write their own headlines. Many times have I been dismayed by the editor's ultimate choice, which was often dictated by the space requirements of the laid-out page.

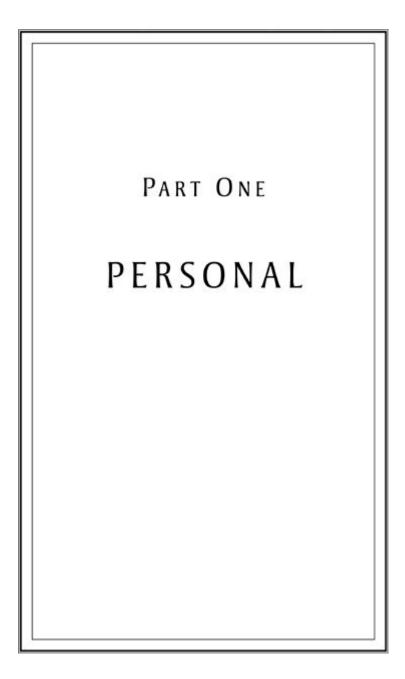
That constraint doesn't exist in a book. I am finally released from the tyranny of the one- or two-column head. It's my chance to get it right. I do, however, include the location and exact date of publication of each article, to enable those readers enjoying far too much leisure time to consult the original headline if they wish.

Second, I altered some punctuation and usage, largely for the sake of uniformity. The different publications in which I appear follow different style books. (For example, regarding serial commas: whether you write a, b, and c rather than a, b and c.) My syndicated columns adhere to the Associated Press style book. The version appearing in the *Washington Post* follows the *Post*'s own style. Same with *Time*. As for the others, God knows what they use. To keep the chaos to a minimum, I have tried to impose a consistency in style and usage. This has the welcome subsidiary benefit of allowing me to exercise my petty punctuational prejudices, most importantly, my war on commas. They are a pestilence. They must be stopped. This book is a continuation of that campaign.

Finally, I have corrected typographical errors and on rare occasions edited a line or two of text for reasons of obscurity, redundancy or obsolescence, the last encompassing references so historically obscure today as to have otherwise required cluttering up with explanatory footnotes. Altogether, these are perhaps a dozen or two. They change no meaning.

The rest, alas, remains untouched. It stands as it was on the day it was first published: imperfect, unimproved, unapologetically mine.

Washington, D.C., August 12, 2013



Chapter 1

THE GOOD AND THE GREAT

MARCEL, MY BROTHER

PLACE: Los Angeles area emergency room.

TIME: Various times over the last 18 years.

- SCENE: White male, around 50, brought in by ambulance, pale, short of breath, in distress.
- **Intern:** You're going to be alright, sir. I'm replacing your fluids, and your blood studies and electrolytes should be back from the lab in just a few minutes.
- **Patient:** Son, you wait for my electrolytes to come back and I'll be dead in 10 minutes. I ran the ICU here for 10 years. I'm pan-hypopit and in (circulatory) shock. I need 300 mg of hydrocortisone right now. In a bolus. RIGHT NOW. After that, I'll tell you what to run into my IV, and what lab tests to run. Got it?

Intern: Yes sir.

This scene played itself at least half a dozen times. The patient was my brother Marcel. He'd later call to regale me with the whole play-by-play, punctuated with innumerable, incredulous can-you-believe-its. We laughed. I loved hearing that mixture of pride and defiance in his voice as he told me how he had yet again thought and talked his way past death.

Amazingly, he always got it right. True, he was a brilliant doctor, a UCLA professor of medicine and a pulmonologist of unusual skill. But these diagnostic feats were performed lying flat on his back, near delirious and on the edge of circulatory collapse. Marcel instantly knew why. It was his cancer returning—the rare tumor he'd been carrying since 1988—suddenly popping up in some new life-threatening anatomical location. By the time he got to the ER and was looking up at the raw young intern, he'd figured out where it was and what to do.

I loved hearing these tales, in part because it brought out the old bravado in him—the same courage that, in the 1980s, when AIDS was largely unknown and invariably fatal, led Marcel to bronchoscope patients with active disease. At the time, not every doctor was willing to risk being on the receiving end of the coughing and spitting up. "Be careful, Marce," I would tell him. He'd laugh.

Friends and colleagues knew this part of Marcel—the headstrong cowboy —far better than I did. We hadn't lived in the same city since he went off to medical school when I was 17. What I knew that they didn't, however, was the Marcel of before, the golden youth of our childhood together.

He was four years older and a magnificent athlete: good ballplayer, great sailor and the most elegant skier I'd ever seen. But he was generous with his gifts. He taught me most everything I ever learned about every sport I ever played. He taught me how to throw a football, hit a backhand, grip a nine-iron, field a grounder, dock a sailboat in a tailwind.

He was even more generous still. Whenever I think back to my childhood friends—Morgie, Fiedler, Klipper, the Beller boys—I realize they were not my contemporaries but his. And when you're young, four years is a chasm. But everyone knew Marcel's rule: "Charlie plays." The corollary was understood: If Charlie doesn't play, Marcel doesn't play.

I played. From the youngest age he taught me to go one-on-one with the big boys, a rare and priceless gift.

And how we played. Spring came late where we grew up in Canada, but every year our father would take us out of school early to have a full three months of summer at our little cottage in the seaside town of Long Beach, New York. For those three months of endless summer, Marcel and I were inseparable—vagabond brothers shuttling endlessly on our Schwinns from beach to beach, ballgame to ballgame. Day and night we played every sport ever invented, and some games, like three-step stoopball and sidewalk Spaldeen, we just made up ourselves. For a couple of summers we even wangled ourselves jobs teaching sailing at Treasure Island, the aptly named day camp nearby. It was paradise.

There is a black-and-white photograph of us, two boys alone. He's maybe 11, I'm 7. We're sitting on a jetty, those jutting piles of rock that little beach towns throw down at half-mile intervals to hold back the sea. In the photo, nothing but sand, sea and sky, the pure elements of our summers together. We are both thin as rails, tanned to blackness and dressed in our summer finest: bathing suits and buzz cuts. Marcel's left arm is draped around my